

106-1

Designer Angela Wolf demonstrates techniques for sewing on knits such as the basic t-shirt.



- **Supplies:**

- Pattern: Angela Wolf Patterns #AW-1101 available at www.AngelaWolfPatterns.com
- 2 1/2 - 3 yards of Bamboo knit fabric from Vogue Fabrics
- Sewing Machine Needle:
 - Stretch Needle size 75/11
 - Twin Needle (If you haven't used one of these ... just install like a regular needle, use 2 spools of thread, thread the machine and place one thread in the left needle and the other

thread in the right needle. Make sure you are using a machine plate that has a wide opening.

- **Before starting project:**

- Preshrink fabric before cutting
- Check your machine settings:
 - On older machines you will need to lower the bottom tension to prevent the fabric from stretching while you sew (instead of 6 lower to 2 or 4)
 - On new machines you should be able to set the setting to knits or auto.
- I usually sew knit with a 2.5 or 3.0 stitch length straight stitch. You can also use a very narrow zigzag with a 3.0 stitch length.
- Sew a small swatch of fabric and check for stretching or puckering of the fabric - if stretching occurs lower the tension even more or lengthen the stitch another half of a point.

- **Start sewing simple T:**

- Take shoulder seams together with wrong sides together and sew a straight stitch, then serge close to your stitching line.
 - Note: You can just serge the edge without stitching first, I prefer to do both for extra strength on the seam.
- Pin sleeves on, sew with sleeve side underneath, serge same seam - DO NOT stretch fabric while sewing!
- Pin side seam and sleeve, sew, serge.
- Press under hem of sleeve and hem of shirt.
- If you have a coverstitch machine you can coverstitch those seams. Otherwise, use the twin needle and stitch with right side up - use straight stitch length of 3.5 to 4.0 (sew on a sample first to check the look)
- Attach collar, sew and serge.

Partners



<http://www.brothersews.com>

<http://www.voguefabricsstore.com>

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