

# Heirloom Smocked Pillow (10 inch pillow)

## By Cheryl Sleboda

Fancy textured throw pillows are all the rage again, and can cost lots of money. But you don't have to spend a lot in order to make a pillow using an heirloom sewing technique called Canadian Smocking. Using a simple marking method and tool, this technique can also be used on clothing and quilts.

### Materials needed:

- One fabric square about 20 inches wide
- Two fabric squares about 11 inches by 7 inches
- Heirloom Smocking Template and pattern
- Pencil or marking pen
- Strong thread matching the color of your project
- pins
- Hand sewing needle
- Scissors
- Sewing machine for finishing
- 10 inch pillow form
- Optional: Beeswax for thread conditioning

### Instructions:

To start, use your Heirloom Smocking Template and pencil to make a 1" grid on the back side of your 20 inch square of fabric. Using the included pattern, transfer your pattern to the fabric. The template has all of the smocking instructions you need to complete the top of the pillow.

Next, turn under a ¼ inch hem on the long sides of the two fabrics for the back on your sewing machine. You will then overlap these two hemmed edges by about an inch, right sides up, to form an envelope when your pillow is assembled.

With your two backing pieces laying on the table right sides up and overlapped, lay your smocked piece with the right sides together on top. Pin well. Now you will sew around all four sides of the smocked square on your machine. Trim your seam to about a ½ to ¼ of an inch. Turn your pillow right side out through the envelope at the back. Insert your pillow form and enjoy!

Heirloom Smocking Template and pattern by Muppin.com (<http://shop.muppin.com>)  
[www.muppin.com](http://www.muppin.com)  
[quilts@muppin.com](mailto:quilts@muppin.com)