

# Simple to Chic T-shirt Remakes

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Start with a plain, crewneck t-shirt and elevate it above the standard pullover. With some embroidery stitches, interfacing and a little magic, you'll be done in no time.

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Simple to Chic T-shirt  
Remakes collection,  
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## Supplies

One t-shirt with ½" ribbed neckline  
3" x 8" piece of fusible tricot knit interfacing  
Water soluble adhesive stabilizer, cloth type  
Fusible poly mesh stabilizer  
Painter's tape or clips  
1 yd. cording or yarn  
Beads (optional)  
Awl or sharp small scissors  
Sleeve board (optional but helpful)  
Yarn needle for lacing eyelets

## Preparation

Launder the t-shirt before adding the embroidery.  
Pre-shrink the fusible interfacing in warm or hot water. Soak in the warm water for about 15 minutes, do not agitate as agitation can loosen the adhesive.  
Remove from water and gently wring to remove excess water. Place on a dry towel to dry.

Fuse the polymesh stabilizer to the wrong side of the shirt front, placing the top edge of the stabilizer at the bottom of the ribbing.

## All Neckline Designs

Fold the shirt in half matching the shoulder seams.  
Mark the center front with a crease or tape. Draw arrows pointing to the center.



Hoop water soluble stabilizer. Stitch color 1, the placement guide, in a color that contrasts with the stabilizer.



Remove the hoop from the machine and place it on the pointy end of the ironing board, top of hoop at the point. Slide the shirt, hem first, over the ironing board and align the shirt center with the vertical stitch line. Feel the vertical placement guide through the shirt and place the center front on the stitched line. Align the top of the ribbing with the horizontal placement line.



Smooth the shirt to the hooped stabilizer. Nest the shirt above the hoop and transport the hoop to the machine. Use painter's tape or clips to tame the bulk of the shirt.



Place the tricot interfacing glue side UP over the embroidery, extending the interfacing ½" above the ribbing. Stitch the final color.



Stitch color 2, the tackdown.



Stitch the decorative elements and the eyelets. Refer to the color sequence section for individual color recommendations.



## Finishing

### Transforming the Neckline

Once all embroidery is complete, remove the hoop from the machine and remove the stabilizer from the hoop. Trim the excess water soluble stabilizer. Slide the shirt over the sleeve board (right side out).



Cut the shirt between the center stitched lines.



Clip as close to the corners as possible without snipping the stitches.



Turn the shirt wrong side out and slip it over the ironing board again. Pull the interfacing from the front to the back. At the top edge, trim the interfacing even with the ribbing. Fold in the ribbing  $\frac{1}{4}$ ".



Press the interfacing from the wrong side, working the area at the ribbing first on one side.



Repeat on the other side. Smooth and press the remaining interfacing, pulling it to the wrong side (you'll want to see a tiny bit of fabric at the seamline being pulled to the wrong side)



Pull the interfacing down at the bottom and fuse in place.



## Eyelets

Insert the tip of an awl or small scissors into the center of the eyelet. Gently force the tip through the fabric. Twist the awl/scissors to open the fabric. Repeat for all eyelets.



## Lacing

Use a yarn needle to thread the lace/cording and thread the cord through each eyelet. You can do two needles at a time to keep yourself on track.



Consider adding decorative beads to the ends of the cording for a finishing touch.