



# Peasant Blouse

You will need:

- Shannon Fabric double gauze fabric in natural or white
- 1/4 yard of muslin fabric
- Thin elastic
- Dritz Turning tools
- Safety pin or bodkin for threading elastic and sleeve ties

Optional:

- Hemming foot for your machine

-Cut three pieces of fabric 22 inches long by Width of Fabric (WOF). Two are for the body of the garment, and one is for the sleeves. Cut your 3<sup>rd</sup> fabric piece in half across the width. So your sleeve will measure 22 inches by half of the WOF measurement.

-Using the two body fabrics, determine the top of the garment. Using a hem foot or skinny ¼ inch turned edge, hem the bottom edges of each body piece. Measure and place a pin on each side 3 inches from the top of the body fabric. Sew a seam on both ends from the top of the garment to pin marks. Fold over the top 1 ½ inches and fold raw edge inside ¼ inch. Sew close to folded raw edge, leaving a gap at one edge for insertion of elastic. Sew second seam 3/8<sup>th</sup> of an inch away from the first, creating casing for top edge of garment. Set aside.

-Cut 2 strips from your muslin fabric that measure 1 ½ inches wide by WOF, and cut 1 strip of fabric that measure 2 ½ inches wide by WOF. The thinner strips will be for the sleeve ties and the wider strip will be for the tie casing. Fold these in half and press lengthwise. Sew the length of each strip closed using a 1/4 inch seam. Using the turning tool, turn each strip. Press the wider of the strips flat so that your seam is centered between the two sides. This will be the back of the tie casing. Cut this casing in half, so you have one tie casing for each sleeve.

-Lay out your sleeves and on the wrong side of the fabric, mark the center of the sleeve. Pin your casing about 1 inch from the top of the sleeve along center of sleeve. Sew both sides of casing to sleeve using scant seam close to edge of the casing. Take 1 skinny strip for the tie, and fold in half. Using folded edge attached to a safety pin, insert into the casing until it reaches top of the sleeve. Secure with stitches back and forth to secure ties inside

casing. Tie ends of ties into knots so they do not get lost inside casing and cut to desired length.

-Hem the bottom and sides of the sleeves using a hem foot or skinny  $\frac{1}{4}$  inch turned edge.

-Lay out the body fabric pieces so your right sides are together and the wrong side is facing out. Pin top of sleeve to the garment  $\frac{5}{8}$ <sup>th</sup> of an inch below the sewn and folded casing, and pin each sleeve side to the front and back of the garment body, matching right sides of the fabrics. At the bottom of the sleeve, pin body of garment closed.

-Sew each armhole with a  $\frac{5}{8}$ <sup>th</sup> inch seam, making sure to not catch the top garment gather casing into the armhole seam. Once both sleeve are sewn to the garment, sew the body of the garment closed.

-Using a bodkin or safety pin, thread elastic through the top casing and pull to desired gathers on top of garment. Sew elastic to form a loop and trim off any excess elastic, and hand stitch the top garment casing closed.