

## **HEAVENLY HEADBOARDS**

### **BY LOUIS CARNEY**

Create one-of-a-kind fantasy bedroom that can change with the seasons, holidays or your mood! In the example, I chose to use basic linear shapes, but don't be afraid to explore using different ones- triangles, circular and octagonal would be great options! You could even use letters or decorative embellishments to create a special oasis.

The supplies are recommended but should not be limited to just the required- feel free to incorporate items that work best for your walls (or mount to a stand if you would like more options).

#### **Supplies:**

1- Mounting board (this will be what is mounted to wall/stand and should be measured to the finished size)

Canvas frames- the number of and size of each can vary depending on desired look

Batting- Enough to cover mounting board and each of the canvas frames

Fabric- measured according to the selected mounting board and frames

Asst Threads

Stabilizer- needed if appliques and embroidery are part of the design

VELCRO® Brand Fasteners- use if you would like to change out the decorative frames for a different look- should be measured to fit the canvas frames

Staple gun & staples

General sewing supplies

#### **Instructions:**

We will use the sample for the following directions- please adjust according to your needs.

First, measure, cut and staple batting to the mounting board (the batting should wrap around to the back)

TIP: When measuring, don't forget to include the side(depth) and allow additional to wrap around back to the edge of the frame. When attaching the batting and you reach a corner, cut away the excess and staple on the sides of the frame as well as the back.

Using the same measurements, cut a piece of fabric to cover the mounting board. DO NOT ATTACH.

We now need sew the corners to create a box cover.

In each corner, cut a square that is the depth of the side and back measurement - see diagram #1

Fold right sides together and stitch from cut edge of fabric to point, similar to sewing a dart.

See diagram #2

Use this same technique to measure, cut, sew and attach fabric/batting for the frames- if embroidery, appliques or other embellishment are desired, do these prior to attaching the frames.

Now, place canvas frames at desired positions and mark around frames. The VELCRO® should be sewn to the inside of the marked lines. Stick the opposite side of the VELCRO® to its mate that was just sewn.

#### ATTACHING FABRIC TO MOUNTING BOARD/FRAMES:

- 1) Place fabric over mounting board, wrapping around to back and fold any excess in the corners towards the seam allowance- staple the fabric to the board.
- 2) Attach batting to frames in the same manner as to the mounting board (if so desired- in the sample, there is no batting on the frames)
- 3) Place fabric on frames, wrapping all the way around- pin VELCRO® mate to edge, remove fabric so that VELCRO® can be sewn.
- 4) Sew VELCRO® to fabric where it was matched.
- 5) Replace fabric over frames and attach (use the same method as attaching fabric to mounting board).
- 6) Mount board to stand or wall and attach frames.